

We would like to introduce to you a seminar to

master your communication

**Unlock the mastery of effective & successful communication,
in all aspects of your life,
with a 2-day intensive, interactive seminar with Dr Tony Rudd^{BScMChiro.}**

Imagine the benefits of:

- ☑ opening communication with your partner
- ☑ closing the generational gap with your children
- ☑ improving family dynamics & preventing distress
- ☑ sharing more openly with friends
- ☑ creating more opportunities for new relationships
- ☑ enhancing professional relationships with clients & colleagues and decreasing stress
- ☑ unblocking communication channels within yourself!

Dr Tony Rudd is a qualified Life Coach & Chiropractor. He has been running optimum health seminars for over 10 years & is passionate about helping you reach your potential. Through innovative & interactive learnings, Tony will take you on a journey of self discovery & awareness in all aspects of communication.

Start 2012 with life changing, personal growth right here in Newcastle!

master your communication

SATURDAY 3rd- SUNDAY 4th MARCH 2012

Travelodge Newcastle Hotel - 12 Steel Street, Newcastle

Morning & afternoon tea provided.

plus **FREE** Introductory 3-hour **master your communication** Workshop

WEDNESDAY 8TH FEBRUARY 6.00 - 9.00pm

797 Hunter St., Newcastle West

Tony is also offering a FREE introductory, inspirational 3hr workshop as a prelude to this seminar. This free workshop is available to everyone who believes they may benefit from these invaluable life skills & techniques. Bookings essential.

Phone **49616797** for your place in this amazing seminar or workshop.

For more info go to www.ruddchiropractic.com.au

For brochures or bookings email eventbooking@ruddchiropractic.com.au